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### Where's Your Teacher Performing?

If you love organ music, be sure to catch piano/voice faculty member, Katarina Boudreaux who will be filling in on organ at St. Mary's Church in New Orleans all Sundays this July with the exception of July 7.

### Welcome to Our 78 Newest Students!

Lantonia M., Sophia A., Jaide A., Joshua P., Brittany E., Jordan V., Adrienne S., Laila H., Serenity C., Victoria D., Courtney C., Abby D., Lillian C., Madison B., Reagan B., St. Clair L., John N., Nour M., Alyssa G., Elizabeth N., Nick N., Rachel H., Bobbi S., Kayla S., Myles W., Tristan S., Victoria M., Aubrey L., Diego M., Hannah L., Sadie R., Sophia R., Ashman W., Spencer R., Aishwarya N., Avery P., Averie D., Caden B., Elise N., Laken W., Leo F., Lilah F., Robert B., Emily S., Indy N., Jayla W., Mika S., Shea D., Tayler B., Dakota C., Gabby T., Halle K., Jenna D., Leah P., Nicky T., Ana O., Dawson N., Elle T., Grace S., Ro'ziah B., Seth M., Clark L., Lily C., Timothy T., Brian F., Alicia I., Mina P., Burk K., Sophie B., Kelly M., George G., Gabriel R., Emily C., Patrick F., Samuel R., Avery L., Liam M., Miguel D.

It's a true pleasure to have all of you joining us and in some cases returning to us or adding additional programs here at LAAPA!

Should you have any questions or concerns, please don't hesitate to contact us!

## Senior Music Students Perform Three Inducted into LAAPA's Hall of Fame



### IMPORTANT DATES:

**July 1-6**  
Summer Break

**July 8**  
Summer Music & Dance Camps begin at the Mandeville and River Ridge campuses

**Covington School of Music**  
985.590.4545  
857 N. Collins Blvd. Ste. A  
Covington, LA 70433

**Mandeville School of Music**  
985.674.2992  
316 Girod St.  
Mandeville, LA 70448

**River Ridge School of Music & Dance**  
504.738.3050  
2020 Dickory Ave. Ste. 200  
Harahan, LA 70123

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youtube.com/laapatube

**E-mail us:**  
contact@laapa.com

"Providing students of all ages with the education, inspiration, and motivation conducive to a lifetime appreciation for the performing arts since 1978."

On Sunday, June 23, four long time music students performed in a special Senior Recital held in the LAAPA Performance Hall in Harahan on the campus of the River Ridge School of Music & Dance.

Student performers included Macie Breaux - soprano/piano, Robert Klazynski - piano, Dakota Pique - guitar, and Sarah Tullier - soprano.

Macie is a student of Meredith Bradley and has been enrolled in piano and voice lessons at LAAPA's Covington School of Music since 2009. Robert is a student of Carolyn Russell and has been taking piano lessons at LAAPA's Covington and Mandeville Schools of Music for nearly 11 years! Dakota is a guitar student of Josh Theriot at the Covington School of Music, and Sarah is a student of Rebecca Posey and enrolled in voice at the Mandeville School of Music.

Immediately following the performance, Robert was recognized with an "Outstanding Student" award and Dakota, Macie, and Sarah were inducted into the LAAPA "Hall of Fame" (the academy's highest award). In fact, the Hall of Fame award has not been presented since 2006 and then only to 6 other students over the past 30 years of LAAPA history. Students who have received this award in the past are as indicated below:

River Ridge School of Music and Dance Hall of Fame:  
Rachel Tate - 1991  
Jenny Bond - 1994  
Ryan Cullen - 1995

Jeffrey Edwards - 2003  
Megan Bennett - 2005

Mandeville School of Music Hall of Fame:  
Baylie Stillwell - 2006

The Hall of Fame award is given by the LAAPA Directors and Faculty to LAAPA students who have done Outstanding Work while studying Music at LAAPA, are a graduating Senior, and plan to pursue a Music or Theatre degree at the University of their choice.

Macie has received a scholarship to study music at the University of Southern Mississippi. Sarah has received a music scholarship to Northwestern Louisiana State. Dakota received a music scholarship to the University of Louisiana at Lafayette. Robert will be pursuing medical studies full time at Marymount University in Arlington, VA, but hopes to keep his piano skills sharp if he can find some spare time!

Macie & Dakota will be the first Hall of Fame inductees for the Covington School of Music and Sarah Tullier will be added to the existing plaque in our Mandeville School of Music!!!

Photo from left to right: Macie Breaux, Meredith Bradley, Robert Klazynski, Carolyn Russell, Sarah Tullier, Rebecca Posey, Dakota Pique, and Josh Theriot.

Congratulations to our outstanding senior music students for 2013 from Louisiana Academy of Performing Arts. We look forward to hearing great things from you!



On Saturday, June 8, the Covington and Mandeville Schools of Music presented four Spring Concerts at the Fuhrmann Auditorium in Covington. Below are this year's student performers and award winners!



On Saturday, June 15, the River Ridge School of Music & Dance presented four Spring Concerts at St. Martin's Solomon Theatre in Metairie. Below are this year's student performers and award winners!



For additional photos and videos, be sure to visit and like the LAAPA Facebook Page at [facebook.com/laapaface](https://www.facebook.com/laapaface).

**IS YOUR TEACHER COMPLETELY BOOKED? • TEACHERS WITH WAITING LISTS**

Many of our teachers are totally booked! If you need a schedule change or would like to be added to a waiting list for a particular teacher, day, or time, please contact any of our office staff team and they can add you to the waiting list. There are still limited lesson spots available.

To inquire about openings for July or August send an email to [contact@laapa.com](mailto:contact@laapa.com) or call one of our locations: (504) 738-3050 for River Ridge, (985) 674-2992 for Mandeville, and (985) 590-4545 for Covington.

Here's just a partial list of who's currently full at all campuses:

**VOICE/PIANO:**

- Maggie: FRI & TU – BOOKED!
- Kathleen: TU & WED – ALL BOOKED!
- Cara: FRI & SAT 1 spot! MON, TU, WED – ALL BOOKED!
- Bonnie: TH & FRI 1 spot! MON, WED – ALL BOOKED!
- Jennifer: MON – BOOKED!
- Russell: MON, TU, WED, TH, FRI – ALL BOOKED!
- Meredith: MON, TU, WED, TH – ALL BOOKED!
- Katarina: TU & SAT 1 spot! WED, TH – ALL BOOKED!
- Jenna: WED – 1 spot! TH, SAT – ALL BOOKED!
- Baylie: TH – BOOKED!
- Rebecca: MON, TU & FRI 1 spot! TH, WED – ALL BOOKED!
- Carolyn: TU 1 spot! MON, WED, FRI – ALL BOOKED!

- Bethany: SAT – BOOKED!
- Victoria: MON 1 spot!
- Mirka: TU – BOOKED!

**GUITAR/DRUMS:**

- Bill: WED & FRI 1 spot! Mon – BOOKED!
- Curtis: TU 1 spot! MON, TH, FRI – ALL BOOKED!
- Josh: WED, TH, SAT 1 spot! MON, TU – ALL BOOKED!
- Ben: MON 1 SPOT! TU, TH, FRI – ALL BOOKED!
- Adam: MON – BOOKED!
- Jessie: TH – BOOKED!

**VIOLIN/CELLO:**

- Kate: MON 1 spot!
- Gabriel: MON – BOOKED!
- Simona: MON, WED & TH 1 spot! TU – ALL BOOKED!
- Denise: MON & TU 1 spot! WED – BOOKED!

**BRASS/WOODWINDS:**

- Vitalie: MON 1 spot!
- Ryan: TH – BOOKED!
- Jack: WED & TH – BOOKED!
- Dr. Joe: WED – BOOKED!
- Brittany: FRI 1 spot!

**Student Shout Outs!**

“Ms. Carolyn is the best piano teacher ever!!!!!! I have learned so much in my few months of being a student at Laapa. I am excited about going to the eight grade this year and yes, I have joined the band playing clarinet. Have fun out there to other kiddos like me.... Study, Study, Study!!!!!!!!!!!!”

~ Alicia I.

“Congratulations to Ms. Meredith on her marital engagement from her Wednesday 6pm pre-school class!”

~ Charisse J.

**The Dance Corner**

Stretching Tips for Dancers - by Laura Davies  
*(reprinted with permission from dancescape.org)*

To help your body perform its best, stretching will not only improve your flexibility and the ease at which you can move, but it will also help prevent injuries. Consider stretching as an element that is equally important as training for strength, balance and power. Learn how to make the most of every stretch. Give your body the stretch of a lifetime by applying these stretching basics into every stretch:

**POSTURE**

Keep your neck long with your head facing forward, roll your shoulders back and down, lengthen your torso, keep your hips even and energize your legs. FACT: Proper alignment improves stretches and prevents injury. TIP: Try stretching in front of a mirror.

**BREATHING**

Stretches are better and you feel less stressed when you take deep regular breaths. As a general rule, inhale to prepare and exhale when you stretch or go deeper into the stretch. FACT: Pilates breathing can be used in all of your stretching to maximize your stretch and relaxation. TIP: Try inhaling through the nose, pulling air into your diaphragm, not your chest and exhale through your mouth.

**WARM MUSCLES**

A cold muscle is not as elastic as a warm one, so stretching

without a warm-up means that you will get less length and could possibly injure yourself. Just do a little dance in your cubicle, walk around the block or do a five minue slow run on the treadmill to get your muscles warm enough before you stretch.

**HEAD-TO-TOE APPROACH**

You must pay attention to all muscles groups in your body when giving stretching TLC because it's the only way to stay aligned and flexible. For example, leaving your neck or hips neglected can cause increased pain in the muscle, making it harder and harder to stretch. Next thing you know, surrounding muscle groups will start picking up on the strain.

**TIPS TO REMEMBER**

Hip flexors and gluteus muscles need more stretching time than the average 15 to 30 seconds. Be sure to hold all of your stretches until you feel the tension in the muscle release. Once the tension has released, exhale to allow for a deeper stretch. A great way to stretch your muscles, and especially your glutes!

