

LAAPANOTES



The Importance of Rhythm, Breathing, & Green Beans



Last month our entire faculty and staff came together to meet at the LAAPA Performance Hall on the campus of the River Ridge School of Music & Dance to learn about what's new at LAAPA this school year! Three of our faculty members pictured above also took some time to present and share their educational methods which have been most successful with their own students.

Ryan Cullen, Academy Director, opened the meeting and emphasized the fact that getting to know who our students are as people first is key to knowing how to teach them and which methods they will best respond to. Cullen also introduced the new online lesson planning software called "LessonMate," which faculty at LAAPA are beginning to use with students during each lesson. LessonMate is an amazing communication tool that was created about a year ago and allows teachers, parents and students to retain digital records of their lessons which may include audio, video, PDF, etc. If your teacher has implemented LessonMate, you should be receiving an email each time a new lesson plan has been created. Lessons are emailed to the address we have on file, so if you need to update your address, just let us know. If your teacher hasn't yet implemented LessonMate, please encourage them to do so!

Ms. Layla Sutton, Instructor of General Music presented, "Developing a True Sense of Rhythm." She opened with a chart on Circadian Rhythms and stated that "Human beings are innately rhythmic. We function throughout our

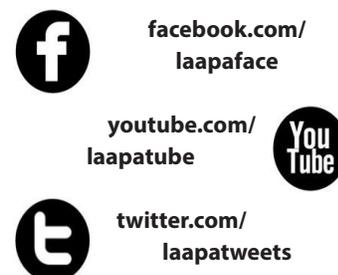
day completely in rhythm. If this rhythm is thrown off, we are not happy." One of her main points was to isolate problematic rhythms that students may continually struggle with and demonstrate the same rhythm within a variety of other contexts. Hearing the same thing more than once in numerous, varied settings is more likely to achieve the student's realization of the rhythm.

Mrs. Joy Meade, Instructor of Voice/Piano presented "Breathing: It's Not Just for Singers." In addition to her training as a professional musician, Joy has recently become certified in Yoga and mentioned that breathing properly controls blood pressure, flow of endorphins, physical endurance, focus, calms fight or flight, and tone/intonation.

Finally, Mrs. Katarina Boudreaux, Instructor of Voice/Piano discussed how to help students overcome music notation issues in her presentation, "The Importance of Green Beans." She focused in particular on issues with ledger lines and suggested longer phrases to incorporate them such as "All Cows Eat Green Beans Daily." Katarina additionally discussed a variety of interesting alternatives to supplement traditional notation. For her presentation this year, Katarina was voted 2015 Teacher of the Year by her colleagues.

Congratulations to all Faculty and Staff members. It is because of all you contribute to LAAPA that we continue to grow and achieve our mission of providing the very best music & dance education possible here in New Orleans.

CONNECT WITH US ONLINE:

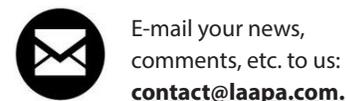


IMPORTANT DATES:

October 31 - Halloween
- Open for Lessons - come dressed up and trick or treat!

December 19-20
Christmas Recitals

CONTACT US:



"Providing students of all ages with the education, inspiration, & motivation conducive to a lifetime appreciation for the performing arts since 1978."

REGISTER NOW FOR FALL PROGRAMS!

It's Easy to Get Started in Music Lessons and Dance Classes this Fall! Call us Today to Reserve your Time.

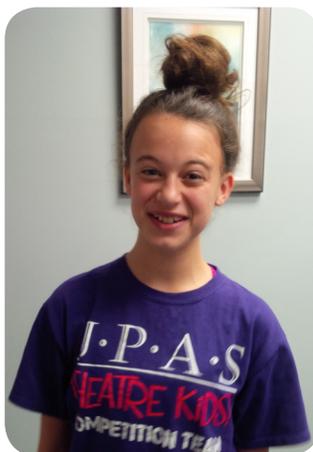
Covington - (985) 590-4545
Mandeville - (985) 674-2992
River Ridge - (504) 738-3050

Welcome to Our 101 Students who began lessons through mid September!

Abby T.
(thanks to Garrison T.)
Addison W.
(thanks to Hayden W.)
Aidan F.
(thanks to Colette B.)
Alberto Z.
Alejandro G.
Alex S.
Ana D.
(thanks to Leanna M.)
Andre M.
Andrew S.
(thanks to Emily S.)
Andrew T.
Anisa C.
August S.
(thanks to Christian S.)
Benjamin M.
Benjamin N.
Chase K.
Christian S.
Christian T.
Claire H.
Connor F.
Crawford "CJ" V.
Darius H.
David H.
Declan A.
Dylan B.
Elianna T.
Emily S.
Emma S.
Finley T.
Gavin B.
Gracie G.
Harry F.
Hasini S.
Holly S.
Jake W.
Jayla M.
Jeremy N.
(thanks to Stacey H.)
Jessiah S.
Jessica M.
Jimmie W.
(thanks to Reginald B.)
John B.
John D.
Jordan G.
Jordan V.
Jordyn W.
Joseph U.
Josh G. Jr.
Joshua M-P.
Juliet L.
Kaelyn R.
Kai J.
Kate F.
Kevin M.
Lily G.
Mackenzie P.
Maddie N.
Malinee S.

(continued on p. 4)

Student News



River Ridge School of Music & Dance student, **Emma Fagin** booked the role of Rebecca Gibbs in Le Petit Theatre's production of "Our Town." Emma takes voice lessons with Mrs. Katarina.



River Ridge School of Music & Dance student, **Olivia Guerra** won 1st in her division, 8-7-15, for chambara (Kenjutsu). Olivia takes guitar and voice lessons at LAAPA.



River Ridge School of Music & Dance student, **Karen Antunez** sang the National Anthem at the Katrina 10 commemoration on August 29, 2015 at the Smoothie King Center. She has been taking voice lessons with Mrs. Bonnie since 2012.



River Ridge School of Music & Dance vocal students **Gracie Silva** and **Kate Burnett** were recently cast in a Jefferson Performing Arts Society production of James & the Giant Peach Jr. The show will be held November 6-8. Tickets available at jpas.org.

Hannah Hubbard has been cast as Flora, the lead role in NOCCA's production of "Flora the Red Menace". Hannah takes piano lessons at the Mandeville School of Music with Rebecca Posey.

**Have News to Share? E-mail your news to studentnews@laapa.com!
Connect with us on Facebook at [facebook.com/laapaface](https://www.facebook.com/laapaface)**

We Have a Few Spots Left for Fall Lessons But...

Hurry! This past August and September, we enrolled well over 225 new and/or returning students. In the past we published the availability of each teacher here, but now there really isn't much point as the majority are now either at capacity or have just a few openings during the most popular days/times. However, if a certain teacher here was recommended to you, please call us and we can check their current openings for you! This Fall, we have also welcomed several fantastic new faculty members who have openings as indicated below, but they won't last long!

Peter G. - brass (Friday in River Ridge)
Alicia M. - violin/viola (Friday/Saturday in Mandeville)
Amanda Y. - piano/voice (Monday in Covington / Wednesday in Mandeville)
Dr. Boris B. - violin/viola/piano (Monday in Mandeville)
Carol L. - violin/viola/cello/piano (Thursday in Mandeville)
Kanako F. - piano/voice (M, Th, Sat in River Ridge)
Diana T. - piano/voice (Friday in River Ridge)
KCT. - woodwinds, guitar, percussion (Tuesday in Covington & Saturday in Mandeville)
Kayla B. - piano/voice (Tu-Wed in Covington & Friday in Mandeville)
Dr. Kari B. - guitar, composition (Fridays in Mandeville)
Dr. Mark W. - woodwind, brass, percussion, piano (Mondays in Mandeville & Wed-Th in River Ridge)
Mary S. - new dance classes in River Ridge just opened Mondays Hip/Hop & Jazz ages 5-7 and 10+, Ballet I ages 6-7 Wednesdays & Saturdays, Pre-Ballet ages 4-5 Fridays

Student of the Month - Jamie Planchard



Covington School of Music student, Jamie Planchard takes voice lessons here at LAAPA! We recently had a chance to speak with her and learn a little more about her vocal lessons and interests!

Tell us about yourself and how long you've been taking lessons at LAAPA?

I've been taking lessons for four years now, since fifth grade. I've been exploring a lot of different types of music and have really been trying to challenge myself as much as I can.

(Mom) What made you choose LAAPA?

We had seen several advertisements for the school and knew Carolyn Russell as a friend but once we found out she was teaching here we were eager to sign up for lessons.

What has your instruction here at LAAPA helped you to accomplish?

Lessons at LAAPA have helped me become a better performer and not be afraid in front of large crowds. Lessons have also really helped my voice mature.

What are some of your other interests and hobbies?

I really like to play volleyball and enjoy drawing. I also sing on the worship team at our church.

What are your goals for the future?

My goals for the future include becoming the best I can and hopefully becoming a Christian singer.

Student Shout Outs!

"Elle is doing fantastic and the two of us could not be happier. The entire staff is wonderful. Mrs. Katarina honestly could not be any better. Elle absolutely adores her. We are so pleased and impressed with our entire experience with LAAPA!"

~Jessica Goodwin

"Lessons are going great and Annabelle loves her ballet class! She shows her father everything that she's learned in class with Ms. Laura as soon as she gets home. Everything is going as expected and she's having a great time!"

~Schleifstein Family

Fall 2015 Referral Contest - Will You Win an Apple Watch?

Do you love your music lessons or dance classes at LAAPA? Tell everyone!

If you refer a new student to the Academy and they enroll:

- You will receive a free lesson in any program.

- You AND your friend will be automatically entered into our drawing this December 1 for a brand new Apple Watch!

Please make sure that your friend mentions your FULL NAME at the time of enrollment. The more friends you refer that enroll - the more chances you have to win!

The winner will be announced at [facebook.com/laapaface](https://www.facebook.com/laapaface) December 1!

* Immediate family members/members of the same household are not eligible for the referral program.



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Louisiana Academy of Performing Arts
316 Girod St.
Mandeville, LA 70448
www.laapa.com | 985-231-0875



(pictured above) A happy violin student at the Mandeville School of Music!

October Edition:

- The Importance of Rhythm, Breathing & Green Beans
- Will you Win an Apple Watch?
- Student News / New Classes
- Student of the Month - Jamie Planchard
- Welcome to our 101 new September Students!
- Happy October Birthdays!



Now that the Back to School Rush is Over...

It's a great time to schedule your music lessons and dance classes! Our teachers make learning fun and we offer music lessons in piano, voice, guitar, drum, violin, sax, clarinet, flute, trumpet, preschool music and dance classes in ballet, hip-hop, modern, musical theatre, tap, jazz, parent and tot, pre-ballet. For more information on current scheduling availability, please see page 2 inside or just give us a call today at (985) 231-0875.

Welcome to Our 101 Newest Students (continued)

Mani V., Mantas K., Matthew F., Matthew B., Megan A., Mettah M., Michael M. (thanks to Blake M.), Mike G., Milan S., , Namratha M. (thanks to Trisha W.), Natalie T., Nate M., (Olga) Jessie P., Olivia G., Paloma P. (thanks to Elizabeth D.), Peter B., Phoenix B., Race H. (thanks to Scout H.), Rayne H., Rebecca G., Richard H., Rita G., Sam K., Saniya C., Sara B., Sawyer T., Scout H., Shriya G., Sienna S. (thanks to Berenice G.), Sophie S. (thanks to Berenice G.), Stephanie C., Suzanne P., Taeyoon K., Talula G., Taylor H., Thalia B., Tiffany B., Trace P., (thanks to Elizabeth D.) Tucker S., Valerie M., Victoria T. (thanks to Christian T.), Walsh B., Wendy K., William C., Zyla B.



Happy October Birthdays!

(Students) Abimbola M.-T., Alexander S. (8), Alexys B. (14), Alyssa A. (11), Andrew S. (4), , Annabel S. (8), Ashley Z. (11), Ashlyn F. (4), August S. (6), Aydan L. (9), Bennett R. (2), Caleb S. (12), Caroline P. (5), Char leith (6), Cole W. (10), Connor F. (7), Cort H. (15), Courtney C. (11), Dante M. (7), Davey B. (5), Derwin D. (4), Dylan B. (9), Elle G. (9), Evangeline O. (5), Gabriela D. (13), Gabriella B. (13), Grace J. (10), Harrison T. (8), Jace C. (14), Jase D. (8), Jennifer Z. (11), Jordan B. (9), Josh G. Jr. (3), Kamryn R. (3), Karen A. (16), Kate B. (12), Kinley G. (13), Kristen P. (8), Lauren R. (9), Layla M. (11), Layla M. (9), Lillian H. (7), Lolo L. (7), Madelyn H. (14), Madison M. (8), Mariah M. (12), Mason F. (8), Mason B. (8), Maya P. (5), Mbonda S., Michael C. (14), Natalie T. (9), Natalie R. (15), Riley S. (9), Robert K., Rowan W. (3), Sadie G. (8), Saniya C. (5), Shay D. (17), Sherri M., Sophie R. (12), Spencer R. (15), Tammy W., Tucker S. (10), Tyler V. (10), Victoria T. (8), Wayne H., William K. (10)

(Faculty) Bill S., Meredith S., Curtis S., Jessica M., Kirk D., KC T., Amanda Y.